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2000 Galloping Hill Road  
Kenilworth New Jersey 07033(US)(24) Date of publication of application:  
**26.05.93 Bulletin 93/21**(72) Inventor: **Stupak, Elliot**  
11 Woodland Road  
West Caldwell, New Jersey 07006(US)  
Inventor: **Cho, Philip W.**  
12 Dana Court  
Princeton, New Jersey 08540(US)(25) Designated Contracting States:  
**PT**(74) Representative: **Ritter, Stephen David et al**  
Mathys & Squire 10 Fleet Street  
London EC4Y 1AY (GB)(50) **Controlled release flutamide composition.**

(52) A controlled release solid dosage tablet of flutamide is disclosed that is designed to provide an immediate release dose and a second delayed dose in pulsatile manner in the gastrointestinal tract for twice a day use.

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**BACKGROUND OF THE INVENTION**

The present invention relates to pharmaceutical compositions of flutamide. Specifically, the invention relates to a controlled release form which is designed to provide an immediate release dose and a second delayed dose.

U.S. Patent No. 4,329, 364 discloses that flutamide is useful in treating, alleviating and palliation of androgen-caused and/or androgen-dependant conditions such as prostatic hyperplasia, for example benign prostatic hypertrophy and prostatic carcinoma.

U.S. Patent No. 4,174,813 discloses conventional pharmaceutical preparations of flutamide adapted for systemic administration providing a therapeutic effect against prostatic carcinoma.

Flutamide which has the chemical name 2-methyl-N-[4-nitro-3-(trifluoromethylphenyl) propyl] amide, or N-isobutyl-4-nitro-3-trifluoromethylanilide, is a nonsteroidal compound devoid of androgenic, adrenocortical, anti-estrogenic, estrogenic, progestational, and antifertility actions. This compound has proved to be a potent anti-androgen and is approved for the palliative treatment of advanced prostate cancer in man. The approved therapeutic dose is 750 mg/day of flutamide in three divided doses of 250 mg/dose. The approved product, Eulixin®, is available in capsules containing 125 mg of flutamide, therefore, the patient takes two capsules three times a day. Patient compliance with the recommended dosage schedule is sometimes poor, since a large number of patients undergoing this treatment are elderly and are forgetful.

One of the objects of the present invention was to develop a controlled release oral dosage form of flutamide which would allow for twice a day use. In addition, the novel controlled release dosage form would provide comparable bioavailability when compared to the standard capsule dosage form.

**DETAILED DESCRIPTION OF THE INVENTION**

The present invention provides a controlled release solid dosage form of flutamide. The controlled release dosage form is designed to provide an immediate release dose and a second delayed dose in pulsatile manner in the gastrointestinal tract for twice a day use. The desired release is obtained by forming a core containing a rapidly dissolving solid dispersion of flutamide in a carrier which is capable of forming a solid dispersion with flutamide. The release of flutamide from the core is delayed by coating the core tablet with a barrier or enteric coating. A layer of flutamide is then applied to the coated core tablet to provide the immediate release initial dose.

The core of the novel tablet formulation provides the second dose of this invention comprising 20 to 80 percent by weight of the total amount of flutamide in the tablet and a carrier capable of forming a solid dispersion with flutamide, said carrier being present in the range of 1:1 to 1:5 parts by weight of the flutamide in the core, and preferably 1:3 parts by weight of flutamide in the core.

Carriers utilized in the core of the tablet are selected from the group consisting of polyethylene glycols, polyvinylpyrrolidones, (molecular weight 10,000 to 360,000), citric acid, succinic acid and boric acid. The preferred carriers are polyethylene glycols which are linear polymers formed by the addition reaction of ethylene oxide. The polyethylene glycols utilized in this invention are solids at room temperature with molecular weights of 1,000 to 20,000. Examples of polyethylene glycols useful in the formulation of this invention are commercially available from Union Carbide Corporation in various grades under the trademark Carbowax®. A particularly useful polyethylene glycol is Carbowax® 3350 which has a molecular weight range of 3000 to 3700 and a melting range of 54° to 58° C. This material is also known as PEG - 75 according to the Cosmetic, Toiletries and Fragrances Association (CTFA) nomenclature.

The tablet core may also include other auxiliary excipients, such as, diluents, lubricants, glidants and disintegrants.

Examples of diluents that may be utilized in the present invention include dicalcium phosphate, calcium phosphate, lactose, cellulose, mannitol, sodium chloride, starch, and microcrystalline cellulose. The preferred diluent in the core is microcrystalline cellulose. The diluent comprises from about 15 to 35 percent by weight of the core and preferably 23 percent by weight of the core.

Examples of lubricants that may be utilized in the present invention include talc, magnesium stearate, calcium stearate, stearic acid, hydrogenated vegetable oils and the like. The preferred lubricant in the core is magnesium stearate. The lubricant comprises from about 0.1 to 1.0 percent by weight of the core and preferably 0.26 percent by weight of the core.

Examples of glidants that may be utilized in the present invention include silicon dioxide and talc. The preferred glidant in the core is silicon dioxide. The glidant comprises from about 0.5 to 2.0 percent by weight of the core and preferably 1.33 percent by weight of the core.

Examples of disintegrants that may be utilized in this invention include starches, celluloses, algin, gums, cross-linked polymers, such as croscarmellose sodium (a crosslinked polymer of carboxymethyl-cellulose sodium), crospovidone and the like. The preferred disintegrant in the core is the croscarmellose sodium. The disintegrant comprises from about 4 to 12 percent by weight of the core, preferably 8 percent by weight of the core.

5 The core component of the tablet of this invention is coated with an enteric coating material. The enteric coating resists solution in gastric fluid but disintegrates and dissolves in the intestine. The enteric coating comprises 4 to 15 percent by weight of the core, and preferably 6 to 12 percent by weight of the core. Examples of enteric coatings that may be utilized in the present invention include polyvinyl acetate 10 phthalate, methacrylic acid copolymer, hydroxypropyl methylcellulose phthalate, hydroxypropyl methylcellulose acetate succinate, cellulose acetate phthalate, cellulose acetate succinate and cellulose acetate trimellitate.

The preferred enteric coating material is polyvinyl acetate phthalate (PVAP). This enteric coating is produced by the esterification of a partially hydrolyzed polyvinyl acetate with phthalic anhydride. The 15 acetate polymer is low molecular weight and 87 to 89 mole percent hydrolyzed. An example of a PVAP preparation useful in the formulation of this invention is commercially available from Colorcon, Inc., West Point, Pennsylvania.

The immediate release initial dose component of the tablet of the present invention contains flutamide. The amount of flutamide present in the immediate release outer coating is 80 to 20 percent of the total 20 amount of flutamide in the tablet. The amount of immediate dose flutamide is applied to the enteric coated core as a dusting powder. The flutamide may be combined with auxiliary excipients, such as the excipients utilized in preparing the core of this invention. Examples of such excipients include lactose, croscarmellose sodium, sodium lauryl sulfate, calcium sulfate, microcrystalline cellulose and acacia which is utilized as a binder.

25 In preparing the tablet of the invention, conventional tabletting techniques are employed to prepare the core component. For example, dry granulation, wet granulation or direct compression can be used to prepare the core. One method for manufacturing the core for the tablet of this invention involves forming a solid dispersion by melting the carrier material and dissolving the flutamide in the melted carrier material. After the solid dispersion solidifies, the dispersion is milled using conventional milling equipment. Any other 30 ingredients such as diluents (e.g. microcrystalline cellulose), disintegrants (e.g. sodium croscarmellose), glidants (e.g. silicon dioxide), lubricants (e.g. magnesium stearate) and the like are added to the milled solid dispersion material, mixed and compressed into a suitable size and shape using conventional tabletting machines.

The core material is then coated with an enteric coating known to those skilled in the art (e.g. polyvinyl 35 acetate phthalate) using conventional coating techniques.

The immediate release dose of flutamide is then applied as a dusting powder to the enteric coated core. The flutamide dusting powder is prepared by blending flutamide with excipients such as lactose, croscarmellose sodium and sodium lauryl sulfate in a suitable mixer. The enteric coated cores are coated with the flutamide dusting powder using a binder (e.g. acacia) with suitable coating equipment. The tablets 40 may then be used as is or they can be film, sugar and color coated by techniques well known in the art.

The following examples describe typical tablet formulations, dissolution profiles and a bioavailability study of the controlled release dosage forms of the present invention, but are not to be interpreted as limiting the scope of the appended claims in any way.

45 **EXAMPLE 1**

A controlled release tablet was prepared from the following ingredients:

	<u>INGREDIENTS</u>	<u>MG/TABLET</u>
<u>Core Tablet</u>		
5	Flutamide	75
	Polyethylene Glycol 3350	225
10	Microcrystalline Cellulose	106.8
	Sodium Croscarmellose	36
	Silicon Dioxide	6
15	Magnesium Stearate	1.2
	Approximate Core Tablet Weight	450
20	<u>Coating</u>	
	Flutamide	112.5
25	Polyvinyl Acetate Phthalate	45
	HPMC/PEG Clear Solution (Solids)	6.75
	Hydrous Lactose	28.9
30	Sodium Croscarmellose	16.1
	Sodium Lauryl Sulfate	3.2
	Calcium Sulfate	220
35	Acacia	27
	Butylparaben	0.03
	Sugar	200
40	Dye Color Dispersion (Solids)	14
	White Wax	0.3
	Carnauba Wax	0.3
45	Approximate Coating Weight	674
	Approximate Coated Tablet Weight	1124

50 Preparation of the tablet is as follows:

Core:

55 A solid dispersion was prepared by melting the polyethylene glycol in a suitable size container. The flutamide was dissolved in the melted polyethylene glycol and the solid dispersion was allowed to solidify. The solid dispersion was milled using a suitable size screen. The flutamide solid dispersion was blended with the microcrystalline cellulose, sodium croscarmellose, silicon dioxide and magnesium stearate in a suitable mixer. The blended material was compressed into a suitable size and shape core tablet.

## B. Enteric and Active Coatings:

The cores were coated with an enteric material (e.g. polyvinyl acetate phthalate) in a suitable coating pan. A precoat and/or overcoat of HPMC/PEG may be applied if desired. A flutamide dusting powder was prepared by blending flutamide, lactose, croscarmellose sodium and sodium lauryl sulfate in a suitable mixer. The enteric coated cores were coated with the flutamide dusting powder using acacia as binder in a suitable coating pan. The tablets may then be coated with a film coat, sugar coat or color coat using standard procedures. The coated tablets can be polished using the wax solutions.

Release rates of the tablet of this example were determined using U.S.P. paddle method (as described in U.S.P. XXII) at 75 revolutions per minute in 1000 ml of 0.05 sodium phosphate monobasic in 3% SLS, pH 3.0. After the second hour 5.0 ml of 15% sodium hydroxide was added to provide a pH 6. A typical profile is shown below:

In - Vitro Tablet Dissolution	
Time (hour)	Percent Dissolved
2	60
3	102
4	101

EXAMPLE 2

25 A controlled release tablet was prepared from the following ingredients:

INGREDIENTSMG/TABLETCore Tablet

Flutamide	75
Polyethylene Glycol 3350	225
35 Microcrystalline Cellulose	106.8
Sodium Croscarmellose	36
Silicon Dioxide	6
40 Magnesium Stearate	1.2

Approximate Core Tablet Weight

450

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50

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Coating

5	Flutamide	112.5
	Polyvinyl Acetate Phthalate	27
	HPMC/PEG Clear Solution (Solids)	40
10	Hydrous Lactose	28.9
	Sodium Croscarmellose	16.1
	Sodium Lauryl Sulfate	3.2
	Calcium Sulfate	77.4
15	Acacia	25.9
	Butylparaben	0.03
	Sugar	103.5
20		-----
	Approximate Coating Weight	435
	Approximate Coated Tablet Weight	885

25 The tablet was prepared according to the procedure of Example 1.

Release rates of the tablet of this example were determined using U.S.P. paddle method (as described in U.S.P. XXII) at 75 revolutions per minute in 1000 ml of 0.05 sodium phosphate monobasic in 3% SLS, pH 3.0. After the second hour 5.0 ml of 15% sodium hydroxide was added to provide a pH 6. A typical profile is shown below:

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In - Vitro Tablet Dissolution	
Time (hour)	Percent Dissolved
2	58
3	98
4	101

35 The tablets of the above example were tested in a randomized, open - label four - way crossover design wherein the volunteers received each of the following treatments:

40 Treatment A: Two 125 mg flutamide conventional capsules (Eulixin® - Schering Labs) at 8 a.m., 4 p.m. and 12 midnight.

Treatment B: Two 187.5 mg tablets of the above example at 8 a.m. and 8 p.m.

45 Results of the study demonstrated comparable bioavailability (area under the curve - AUC) between the Eulixin® capsule and the tablets of this invention.

## Claims

1. A controlled release flutamide tablet comprising:
  - (a) a core which comprises 20 to 80 percent by weight of the total weight of flutamide in the tablet and a carrier capable of forming a solid dispersion with flutamide, said carrier being present in the range of 1:1 to 1.5 parts by weight of the flutamide in the core;
  - (b) 4 to 15 percent by weight of the core of an enteric coating material; and
  - (c) 80 to 20 percent by weight of the total amount of flutamide in the tablet is present in the immediate release outer coating.
2. The controlled release tablet of claim 1 wherein the carrier material in the core is selected from the group consisting of polyethylene glycol, polyvinylpyrrolidone, citric acid, succinic acid and bile acid.

3. The controlled release tablet of claim 1 wherein the carrier material in the core is polyethylene glycol.
4. The controlled release tablet of claim 1 wherein the range of carrier present in the core is 1:3 by weight of the flutamide in said core.
5. The controlled release tablet of claim 1 wherein the enteric coating is selected from the group consisting of polyvinyl acetate phthalate, methacrylic acid copolymer, hydroxypropyl methylcellulose phthalate and hydroxypropyl, methylcellulose acetate succinate, cellulose acetate phthalate, cellulose acetate succinate and cellulose acetate trimellitate.
10. The controlled release tablet of claim 5 wherein the enteric coating is polyvinyl acetate phthalate.
7. A controlled release flutamide tablet which comprises:
  - (a) a core comprising:
    - 20 to 80 percent by weight of the total weight of flutamide in the tablet and a carrier capable of forming a solid solution with flutamide, said carrier being present in the range of 1:1 to 1:5 parts by weight of the flutamide in the core;
    - 15 to 35 percent by weight of the core of a diluent;
    - 0.1 to 1 percent by weight of the core of a lubricant;
    20. 0.5 to 2 percent by weight of the core of a glidant;
    - 4 to 12 percent by weight of the core of a disintegrant;
    - (b) 4 to 15 percent by weight of the core of an enteric coating; and
    - (c) 80 to 20 percent by weight of total amount of flutamide in the tablet is present in the immediate release outer coating.
25. A controlled release tablet comprising:

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	<u>INGREDIENTS</u>	<u>MG/TABLET</u>
5	<u>Core Tablet</u>	
	Flutamide	75
	Polyethylene Glycol 3350	225
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15	Magnesium Stearate	1.2
	Approximate Core Tablet Weight	450
20	<u>Coating</u>	
	Flutamide	112.5
	Polyvinyl Acetate Phthalate	45
	HPMC/PEG Clear Solution (Solids)	6.75
25	Hydrous Lactose	28.9
	Sodium Croscarmellose	16.1
	Sodium Lauryl Sulfate	3.2
30	Calcium Sulfate	220
	Acacia	27
	Butylparaben	0.03
35	Sugar	200
40	Dye Opulux White (Solids)	14
	White Wax	0.3
	Carnauba Wax	0.3
45	Approximate Coating Weight	674
	Approximate Coated Tablet Weight	1124

9. A controlled release tablet comprising:  
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	<u>INGREDIENTS</u>	<u>MG/TABLET</u>
	<u>Core Tablet</u>	
5	Flutamide	75
	Polyethylene Glycol 3350	225
	Microcrystalline Cellulose	106.8
10	Sodium Croscarmellose	36
	Silicon Dioxide	6
	Magnesium Stearate	1.2
15	Approximate Core Tablet Weight	450
	<u>Coating</u>	
20	Flutamide	112.5
	Polyvinyl Acetate Phthalate	27
	HPMC/PEG Clear Solution (Solids)	40
25	Hydrous Lactose	28.9
	Sodium Croscarmellose	16.1
	Sodium Lauryl Sulfate	3.2
30	Calcium Sulfate	77.4
	Acacia	25.9
	Butylparaben	0.03
	Sugar	103.5
35	Approximate Coating Weight	435
	Approximate Coated Tablet Weight	885
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EUROPEAN SEARCH REPORT

Application Number

EP 92 31 0179

DOCUMENTS CONSIDERED TO BE RELEVANT			CLASSIFICATION OF THE APPLICATION (Int. Cl.5)
Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	
A	GB-A-2 222 947 (LABORATORIO DATSA) * the whole document *	1-9	A61K31/165 A61K9/20
D,A	US-A-4 474 813 (R. O. NERI) * the whole document *	1-9	
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			TECHNICAL FIELDS SEARCHED (Int. Cl.5)
			A61K
<p>The present search report has been drawn up for all claims</p> <p>Place of search Date of completion of the search Examiner</p> <p>THE HAGUE 09 FEBRUARY 1993 SCARPONI U.</p> <p>CATEGORY OF CITED DOCUMENTS</p> <p>X : particularly relevant if taken alone Y : document which, combined with another document of the same category A : technological background O : non-written disclosure P : intermediate document</p> <p>E : theory or principle underlying the invention B : earlier patent document, but published on, or after the filing date D : document relevant to the application L : document cited for other reasons A : member of the same patent family, corresponding document</p>			